

## [Special Education Social/Emotional Resources for Return to School](#)

This document provides social/emotional resources to parents of children returning to in-person learning. Teachers have also been provided these resources. This document is organized by a hyperlinked *Table of Contents*. If you have any questions, please contact your child's case manager.

### **General recommendations:**

Start planning with your child for returning to in-person learning during your virtual lessons.

Prioritize re-establishing rituals and routines with the child. Give them time to discuss their feelings about returning and to ask questions about in-person learning/COVID-19 and to re-develop relationships with staff and peers (see circles and/or games below).

Expect that your child may need an adjustment period upon return to school. Work with your building teams to provide a system of additional resources if your child is experiencing difficulties (e.g. check -ins, small groups, social work support).

Engage in early and ongoing collaboration with all of your child's teachers and support staff to make sure schedules/expectations for the child are clear and consistent.

If your child is struggling to meet safety expectations (e.g. mask-wearing or distancing), talk with them to seek to try to understand why they are struggling and collaboratively come up with a plan to address their needs or concerns while explaining that you need to maintain the safety of your child and all other child in the classroom community.

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[Covid 19 Social Narratives](#)

## Resources for teaching about Covid 19 through Social Narratives

- [Covid 19 Social Narratives Folder](#)
- [Customizable Social Narrative Slide Deck](#) (will prompt you to make your own copy)
- Additional Resources
  - [Easterseals - My CoronaVirus Story](#)
  - [Time to Come In, Bear: A Children's Story About Social Distancing](#)
  - [Autism Little Learners](#) - Many Social Narratives and stories - beneficial for all learners
  - [YouTube-Why We Wear Masks](#)
  - [Wash Your Hands pdf](#)

## Emotion of the Week

**On-going resources targeting emotions with examples, activities, tools and books for each emotion.**

- [2020/21 Emotion of the Week Folder](#)

## Program Standards for Setting 3 & 4 Classrooms

**Learning Environment, Curriculum & Instructional Practices, and Staffing & Collaboration resources and examples - reminder for re-setting up for success**

- [Program Standards Special Education Site](#)

## PIC SEL

**Social/Emotional Learning PIC Website: Needs Identification, Standards-based IEPs, Interventions, Progress Monitoring and Fidelity Checklists**

- [PIC SEL Website](#)

## Virtual Calming Room

**A virtual calming room is a space for child, families, and staff to find tools and strategies for managing emotions and feelings; a place to take time for self regulation - could be used as a familiar practice from DL to In-Person.**

- [Virtual Calming Room](#)

## Talking with Children About the News

### Talking with children about the news:

- <https://www.common sense media.org/blog/explaining-the-news-to-our-kids> and <https://www.common sense media.org/latino> (Español)
- <http://kidshealth.org/en/parents/news.html#> and <http://kidshealth.org/es/parents/news-esp.html?WT.ac=pairedLink> (Español)

## Game ideas for Relationship Building

### Games and activities to build relationships and practice social distancing

- [Online Games](#)
- [COVID-19 survival: Games to play during social distancing - The Game Gal](#)
- [Keep Yourself Sane With These No-Contact Lockdown Games | Hostel Management](#)
- [Relaxed non-contact games that practice social distancing](#)
- <https://proudtobep rimary.com/social-emotional-learning-games>
- [10+ Social Emotional Activities for Home - The Pathway 2 Success](#)
- [72 Free Social Emotional Learning Activities - Centervention®](#)
- [Eye Expressions: How We Communicate With Our Eyes - Centervention](#)
- [Activities You Can Do with Social Distancing & No Contact Restrictions](#)
- [9 Social Distancing Activities to Do With Friends During the Coronavirus](#)
- [25+ Awesome Circle Games for Kids and Adults](#)

<http://thatteachingspark.com/2020/08/engaging-back-to-school-activities-with.html>